

**LETTER OF RECOMMENDATION**  
**for Alua Omarova, a research teacher**  
**of the School of Public Health, Biomedicine and Pharmacy,**  
**Karaganda Medical University**

Alua Omarova was born on December 19, 1989, a Kazakh. In 2012, she graduated from Karaganda State Medical University with an honor degree in Public Health. From 2012 to 2014, A. Omarova studied a master's degree program in the specialty Public Health and held concurrently position of teacher at the Medical College of Karaganda State Medical University. In 2014, she successfully defended her master's thesis *Medical and Social Problems of Adolescents from Single-Parent Families* and was awarded a Master of Medical Science degree in the specialty Public Health.

Since September 2014, A. Omarova began working at the Department of Epidemiology and Communal Hygiene of Karaganda State Medical University as a teacher. She fulfilled the public work as a person responsible for the Students' Scientific Circle of the Department. In the period of 2015-2016, she was the executor of the scientific project *Prediction of Incidence of Vaccine-Preventable Infections (Measles and Viral Hepatitis B) in the Republic of Kazakhstan* funded by the Committee of Science of the Ministry of Education and Science of the Republic of Kazakhstan.

From 2016 to 2019, she studied a PhD program in Public Health. The topic of her PhD thesis is *Assessment of Safe Drinking Water Provision in Rural Areas of Karaganda Region: A Case Study from Bukhar-Zhyrau District*. Alua Omarova successfully combined her educational and scientific activities in doctoral studies with work at the Department as a teacher.

From September 2019 to the present, she has been working as a research teacher at the School of Public Health, Biomedicine and Pharmacy of Karaganda Medical University. A. Omarova teaches classes in Russian, Kazakh and English, gives lectures, conducts educational work with students and participates in social events of the School and University.

Alua Omarova has an IELTS certificate and h-index 2. To date, she has published 32 scientific papers, of which six articles in international peer-reviewed journals indexed in the Web of Science and Scopus database. She also received three certificates on entering information into the state register of rights to copyright items: No. 2503 dated 03.29.2019 *Educational and Methodological Support of Elective Discipline Infections Related to Health Care Delivery*; No. 2151 dated 03.06.2019 *Questionnaire for Assessing the Satisfaction of Rural Population with Quality and Quantity*; No. 6038 dated 10.24.2019 *Schematic of Institutional and Systems Approach to Ensure Improved Water, Sanitation and Hygiene (WASH)*.

A. Omarova is distinguished by performance discipline, a responsible attitude to the assigned work, goodwill, responsiveness, psychological stability and desire for self-improvement, which allowed her to gain authority and respect among colleagues and students.

This Letter of Recommendation is for submission to the Dissertation Defence Board.

Dean of the School of Public Health,  
Biomedicine and Pharmacy of  
Karaganda Medical University, PhD

